

Friday 14 October, 2022

Introduction <i>Claus Muss</i>
The future potential of stem cells and peptides for age reversal in precision medicine <i>Mike Chan</i> 09:00 – 09:30
Regenerative biomedicine and Xenogeneic Cell Therapy in Immune Rejuvenation <i>Roni Lara Moya</i> 09:30 – 10:00
A stress-induced cellular anti-aging model of fetal stem-cell peptides of Mito Organelles from lung and placenta on HEK and HEPG2 cells in senescence in vitro model <i>Thomas Skutella</i> 10:00 – 10:30
Slowing down the aging process using peptides, detoxifiers and anti-glycation agents <i>David Gorgiladze</i> 10:30 – 11:00
COFFEE BREAK 11:00 – 11:30
A possible neuroregeneration on ASIA-A scale using a Medtronic Neurostimulator and combinatorial biologics <i>Joel Osorio</i> 11:30 – 12:00
Corona Virus – new Diagnostics and Therapy Options <i>Ursula Jacob</i> 12:00 – 12:30
Cleaning the teeth and the oral cavity-The first step in Anti-Aging Medicine <i>Tilman Fritsch</i> 12:30 – 13:00
BREAK 13:00 – 14:00
Mitochondrial Cell Therapy in Anti-Aging Practice <i>Roni Lara Moya</i> 14:00 – 14:30
The genius of Nrf2 <i>Robert Baring</i> 14:30 – 15:00
Burnout and Depression - The Impact of the Tryptophan System and relevant diagnostic Pathways <i>Michelle Passarge</i> 15:00 – 15:30
COFFEE BREAK 15:30 – 16:00

Non-Invasive and Painfree Stem cell Peptides for Hair Loss, Face, Neck, V-Line & Hands

Mike Chan

16:00 – 16:30

Discussion - Closing

16:30 – 17:00

Saturday 15 October 202

Introduction – Welcome

Marios Kyriazis

09:00 – 09:30

Active, Healthy, and Dignified Ageing

Demos Antoniou

09:30 – 10:00

Addressing aging as a medical condition: Methodology and Policy

Ilija Stambler

10:00 – 10:30

How important are genes to achieve longevity?

Calogero Caruso

10:30 – 11:00

COFFEE BREAK

11:00 – 11:30

MIND Diet for better brain aging

Eleni Andreou

11:30 – 12:00

Mediterranean Diet in ageing and longevity

Ceren Gezer

12:00 – 12:30

Discussion

12:30 – 13:00

LUNCH

13:15 – 14:30

How to diagnose and modify fatigue or burnout with an integrative approach

Mario Krause

14:30 – 15:00

Redox modulation of stress resilience mechanisms in Aging and Neurodegenerative Disorders

Vittorio Calabrese

15:00 – 15:30

Enhancing innate Immunity with biological compounds

Claus Muss

15:30 – 16:00

COFFEE BREAK

16:00 – 16:30

Depression in later life

George Mikellides

16:30 – 17:00

Health care for older people

George Mitrou

17:00 – 17:30

Discussion

17:30 – 18:00

ESSAAM Board Meeting

18:00

Sunday 16 October 2022

Welcome

ESAAM

09:15 – 09:30

Development of innovative personalized anti-aging protocols based on molecular and cellular analyses

Efstathios Gonos

09:30 – 10:00

Assistive technology for active ageing

Sotiria Moza

10:00 – 10:30

Communication between the older patient and his or her physician

Alexia Papageorgiou

10:30 – 11:00

COFFEE BREAK

11:00 – 11:30

Anti-Ageing Medicine through hormesis and hormetins

Suresh Rattan

11:30 – 12:00

Peptidergic regulation of aging: Introduction to short chain peptides as a gene switches

Yuri Titovets

12:00 – 12:30

The Depiction of Dementia and Alzheimer Disease in Media and Pop Culture

Lama Sawas

12:00 – 12:30

Discussion
12:30 – 13:00

LUNCH
13:15 – 14:30

The Target Protocol plus
Michael Papacharalambous
14:30 – 15:00

ESAAM 2030: history and future of Anti-Aging Medicine in Europe
Arseniy Trukhanof
15:00 – 15:30

Discussion
15:30 – 16:30

Concluding Comments
16:30